



Tea with the Changemakers



Kate Wareham

The Choir with No Name, CEO

This week on Tea with the Changemakers Kelly's chatting with the Chief Executive of The Choir with No Name, Kate Wareham. The Choir with No Name was founded on the premise that singing makes you feel good and invites those who are homeless, displaced, or marginalised in society to sing, build connections and confidence.

The charity has been running for eight years and has choir groups up and down the country where people can turn up for a singsong, a cup of tea, and a hot meal. Their rehearsal spaces are a safe space for people who are going through a tough time and aim to make life feel easier, leaving those who attend feeling that they can tackle life's challenges!

Kate went from being part of The Choir's fan club, all the way to CEO; it's fair to say singing is ingrained within her. She officially joined the choir in April 2022 and has been able to enrich it with her expertise in music psychology and provide choir members with increased support for their mental health.

As mentioned in this episode, The Choir with No Name recorded a cover of The Greatest Showman's This is Me. All of the money raised through their global distribution will fund our work supporting our choirs, reaching more than 1000 people affected by homelessness and marginalisation every year. So, go have a listen!

Listen below!

<https://www.youtube.com/watch?v=cOxHNealksA>

Episode 22, Kate Wareham, The Choir with No Name.