



# Tea with the Changemakers



## Kate Lee

Alzheimer's Society, CEO

This week on the show Kelly's chatting with Kate Lee, CEO of Alzheimer's Society.

Dementia is not a normal part of ageing; it's not getting old- it's getting ill. We all forget things from time to time, but dementia causes damage to nerve cells in the brain, and forgetfulness is often one of the most recognisable symptoms. It is estimated that 900,000 people in the UK have been diagnosed with the disease, however, it's not known how many people are out there suffering.

Alzheimer's Society ensures that people can still live well with dementia and provide support from the minute of diagnosis; whether that be face to face or over the phone.

Kate heads up this amazing charity which in the last 12 months has ensured that 92,000 people have been able to access direct support, 1,500 people have been able to access the Dementia Connect Support Line, and 54,000 people living with dementia have been able to contact volunteers working on Companion Calls- the helpline tackling loneliness.

All invaluable resources to make life better for people with dementia.

Visit Alzheimer's Society to take a look at the great work they do!

<https://www.alzheimers.org.uk/get-involved/make-a-donation>

Episode 20, Kate Lee, Alzheimer's Society.