



TEA

with the

CHANGEMAKERS



Ep.26 25/10/2022

ALASDAIR STEWART

Director of National Services, Age UK

"Knock on the door, pick up the phone"

This week on Tea with the Changemakers we're chatting to Alasdair Stewart, director of National Services at Age UK and manager of The Silver Line Helpline.

On today's episode, Alasdair and Kelly discuss the cost-of-living crisis and how it's affecting the elderly generation, the issues with our current government, how cases of Coronavirus and flu are going to be on the rise this winter, and the invaluable services of Age UK and The Silver Line Helpline are and continue to support the elderly.

Alasdair's role at Age UK is critical in ensuring that the services on offer reach the people who need them most. This includes the Age UK Advice Line, the Telephone Friendship Service, Silver Connects, and The Silver Line Helpline- founded by Dame Esther Rantzen.

If you or someone you know needs help or is struggling with loneliness, then don't hesitate to get in touch with Age UK or The Silver Helpline.

Age UK Advice Line

0800 678 1602
Lines are open 8am-7pm,
365 days a year.

The Silver Line Helpline

0800 470 8090
Open 24 hours a
day, 7 days a week.