## 3 Dads Walking

Mike, Tim & Andy

This episode contains conversations about and references to suicide.

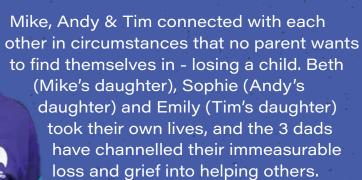


**Episode 39** 

This week on the podcast, we're talking to Mike, Andy & Tim, the 3 Dads Walking. Coined 'the club that no one wants to be part of,' the 3 dads all lost their daughters to suicide and have staged two country-spanning walks to support the charity, PAPYRUS (Prevention of Young Suicide), and to raise awareness of the fact that suicide is the biggest killer of under-35s in the UK.

Keep up to date with the 3 dads!

www.3dadswalking.uk



By raising awareness, the dads have been able to ensure that conversation around admittedly difficult topics stays open and relevant in society. Most importantly, their efforts have helped to signpost where young people who are struggling can access support without feeling stigmatised.

